Patrick O'Shea presently serves as the Director of Choral Activities at the College of DuPage in Glen Ellyn, Illinois, where he teaches music theory and history and directs the Concert Choir, Chamber Singers and the DuPage Chorale, and also is presently Music Director at Blessed Sacrament Catholic Church in North Aurora, Illinois. From 1997 to 2022 he taught at Saint Mary's University of Minnesota serving as Professor of Music and Director of Choirs. He has directed academic, church, and community choirs throughout the United States and Europe, and holds a bachelor's degree from Shenandoah University in vocal performance, as well as a master's degree in choral conducting from the University of Illinois at Urbana-Champaign and a doctor of musical arts degree in choral conducting from Arizona State University.

Dr. O'Shea studied composition privately with Russell Woollen, as well as with Thomas Fredrickson at the University of Illinois and with Randall Shinn at Arizona State University. He has frequently been commissioned to write choral and vocal works for a wide range of ensembles, and his compositions have been performed by the Caritas Chamber Choir, the Choir of Canterbury Cathedral, The Singers - Minnesota Choral Artists, and numerous other choirs and vocal soloists and chamber groups.

He is a member of the American Choral Directors Association, the American Society of Composers Authors and Publishers, and Phi Mu Alpha Sinfonia music fraternity. He and his wife, soprano and music educator Lindsy O'Shea, reside in Batavia, Illinois with their six children.